

The Forensic Hospital is a first of its kind for New South Wales.

It was officially opened on Wednesday 18 February 2009 by the Honourable John Della Bosca, MLC Minister for Health.

The first year of operation has been an outstanding success for both patients and staff.



### COMPLETE CARE

The Forensic Hospital is a 135 bed high secure environment for male and female adults and adolescents. The mission of The Forensic Hospital is to provide the highest standard of care for mentally ill people, while ensuring the safety of the patients, staff and the community. Forensic Mental Health is a specialised field within Mental Health.

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THE FIRST YEAR IN  
THE FORENSIC HOSPITAL  
A FIRST FOR NEW SOUTH WALES



## SECURITY MODEL IN THE FORENSIC HOSPITAL

The security model is a conglomerate of physical security, relational security and procedural security components which have successfully provided a workplace that is occupationally safe for staff, visitors and patients; and therapeutically appropriate for this group of patients.

**Physical Security** includes the buildings' internal structures which have been designed to give staff direct line of sight from the staff stations along all corridors, the provision of personalized duress units to every staff member which if activated, ensures that a specially trained clinical response team is alerted and will be on-site to help within minutes and the construction of a perimeter wall which exceeds general maximum security standards.

**Relational Security** is the formation of therapeutic alliances between staff and patients and includes benchmarked patient to nursing staff ratios, multidisciplinary input into care planning, and strong clinical leadership through the appointment of key medical, nursing, allied health and corporate staff.

**Procedural Security** includes all the policies and procedures which ensure staff, patient and community safety and security. Clinical Management of Security and Emergency Response processes are based on international and national forensic mental health review and endorsement.

"The Forensic Hospital offers modern facilities and is designed to provide best possible care for the patients in an environment that is safe for both patients and staff. It's a great place to work."

Security Manager, The Forensic Hospital



"This is the first Forensic Hospital for NSW and I am proud to mark this important date in history of mental health care in NSW. This new Forensic Hospital will provide a significantly improved therapeutic environment compared to the mix of custodial and health environment within the old Long Bay Hospital".

Honourable John Della Bosca, MLC Minister for Health



## PATIENT TESTIMONIALS

"You are able to come and go from your room, because you are not locked in your room for hours on end."

"My family are able to visit me anytime during the week, not just on a Sunday."

"Everybody on the unit is helpful with my care and treatment."

"I am learning how to communicate properly due to the groups on the unit."

## NURSE TESTIMONIALS

"It's nice to see the patients coming out of their shells. The improvements being made are remarkable."

"A new mental health facility came with a change of environment and culture. A culture that at the start was filled with anxiety for the unknown and for a life without Department of Corrective Services officers. This unique environment has developed staff's awareness of therapeutic security and focussed everyone on delivering within a health culture."