

Management of Nicotine Dependence and Smoking Cessation Policy

Policy Number 5.155

Policy Function Safe Practice and Environment

Issue Date 12 December 2017

Summary This policy enables JH&FMHN clinical staff to support patient smokers and non-smokers make informed and supported choices regarding exposure to tobacco smoke and smoking cessation..

Responsible Officer ED Clinical Operations

Applicable Sites

- Administration Centres
- Community Sites (e.g. Court Liaison Service, Community Integration Team, etc.)
- Health Centres (Adult Correctional Centres or Police Cells)
- Health Centres (Juvenile Justice Centres)
- Long Bay Hospital
- Forensic Hospital

Previous Issue(s) Policy 5.155 (Mar 2014; Nov 2011)

Change Summary

- Changed policy environment Corrective Services NSW (CSNSW). Smoke Free Correctional Centres Policy (August 2015)
- Removal of provision of Nicotine Replacement Therapy (NRT) by JH&FMHN to adults in custody unless exceptional extenuating circumstances.
- Acknowledgement that young people in custody and patients in the Forensic Hospital are able to receive NRT when clinically indicated and following assessment.

TRIM Reference POLJH/5155

Authorised by Chief Executive, Justice Health & Forensic Mental Health Network

1. Preface

Justice Health & Forensic Mental Health Network (JH&FMHN) is committed to improving the health of patients in correctional centres, Juvenile Justice Centres and the Forensic Mental Health Network, as well as minimising the health effects of those incarcerated. Tobacco smoking is the single most preventable cause of death and disease in Australia and is a major risk factor for morbidity and mortality related to chronic disease. Prevalence of tobacco use amongst our patient population is much higher than the broader community.

JH&FMHN recognises the impact of smoking on the health of the custodial and forensic populations and as such is committed to providing smoking cessation support so that patients can make informed choices regarding exposure to tobacco smoke and smoking cessation.

In Correctional and Juvenile Justice Centres JH&FMHN delivers smoking cessation support in an environment where tobacco policy is determined by another organisation (Corrective Services NSW or Juvenile Justice). In the Forensic Hospital, JH&FMHN delivers cessation support to reflect NSW policy and guidelines reflecting clinical best practice in a smoke free environment. The Network therefore structures smoking cessation support in a manner that is adaptive to external changes to the policy environment.

2. Policy Content

2.1 Mandatory Requirements

- Nursing and medical staff within JH&FMHN must be aware of their responsibilities to support patients when ceasing smoking.
- The (Revised February 2017) [JH&FMHN Clinical Guidelines for the Management of Nicotine Dependence & Smoking Cessation](#) form the basis for all clinical interventions to support patients.
- The guidelines are to be utilised in:
 - Adult Correctional Centres
 - Juvenile Justice Centres (Adolescents)
 - Long Bay Hospital
 - Forensic Hospital
 - Police and Court Cell Complexes

2.2 Implementation - Roles & Responsibilities

Service Director Population Health

- Strategic oversight of Key Performance Indicators (KPIs) related to smoking cessation.

Nurse Managers and Nurse Unit Managers

- Ensure staff comply with the [JH&FMHN Clinical Guidelines for the Management of Nicotine Dependence & Smoking Cessation](#).

Medical Officers, Registered Nurses and Enrolled Nurses

- Responsible for complying with the JH&FMHN Clinical Guidelines for the Management of Smoking Cessation and Nicotine Dependence and policies.

3. Procedure Content

3.1 Scope of practise

Clinical staff must only administer Nicotine Replacement Therapy (NRT) as per the JH&FMHN *Clinical Guidelines for the Management of Smoking Cessation and Nicotine Dependence*. Nursing staff should refer any patient to a Medical Officer if they wish to seek further advice on the provision of NRT to a patient.

3.2 Health Records Requirements

All NRT must be recorded within the Long Stay Medication Chart for adult or Nurse-Initiated Treatment Chart for adolescents

4. Definitions

Must

Indicates a mandatory action to be complied with.

Should

Indicates a recommended action to be complied with unless there are sound reasons for taking a different course of action.

5. Legislation and Related Documents

NSW Ministry of Health

[GL2005_036](#) *NSW Health Nicotine Dependent Inpatients (The Guide for the Management of)*

[PD2015_003](#) *NSW Health Smoke-free Health Care Policy 2015*

[SHPN: 150016](#) *Managing Nicotine Dependence: A Guide for Health Staff 2015*

JH&FMHN Policies,
Protocols, and Forms

[1.231](#) *Health Problem Notification Form (Adults)*

[Adolescent Nurse Initiated Medication Protocols](#)

[Adult Nurse Initiated Medication Protocols](#)

[Clinical Guidelines for the Management of Nicotine Dependence & Smoking Cessation](#)

[Forensic Hospital Procedure NRT Management of Nicotine Dependant Patients in the Forensic Hospital](#)

Nurse Initiated Treatment Chart (for adolescent patients only)