Justice Health and Forensic Mental Health Network (the Network) is working closely with staff and partner agencies to prevent, identify and control the spread of COVID-19 in our settings.

You cannot enter any Network setting or facility if, in the past 14 days, you or any household members have:

- **been overseas and not received a negative day 16 COVID-19 test result OR in a COVID-19 case location identified by NSW or another jurisdiction**
- **had contact with a confirmed COVID-19 case**
- **signs of fever OR respiratory infection (e.g. sore throat) OR loss of taste or smell OR vomiting OR nausea OR diarrhoea OR headache OR muscle pain.**

This will help stop the spread of COVID-19 in our health care settings. It protects our patients, staff, and the community.

WHO DOES THIS APPLY TO?

- This applies to all visitors including, family and friends, legal professionals, service providers; and contractors.

WHEN CAN I RETURN?

You can resume visiting after 14 days if:

- you are well
- you have not had contact with a person with confirmed COVID-19 in the last two weeks.
- Have cleared any required testing or period of isolation.

MORE INFORMATION

COVID-19 Case Locations
www.nsw.gov.au/covid-19/latest-news-and-updates

COVID-19 Testing Clinics in NSW
www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics

NSW Government
www.nsw.gov.au/covid-19

Australian Government Department of Health
www.health.gov.au/health-topics/novel-coronavirus-2019-ncov

Smartraveller
www.smartraveller.gov.au

HealthDirect Helpline
1800 022 222

OUR CONTACTS

Justice Health and Forensic Mental Health Network

T: (+612) 9700 3000
E: JHFMHN-admin@health.nsw.gov.au
W: www.justicehealth.nsw.gov.au

HELP STOP THE SPREAD OF COVID-19

SHOULD I WEAR A FACE MASK?

If used correctly, masks may prevent sick people from infecting others. If you are unknowingly infected, wearing a mask will reduce the chance that you pass COVID-19 on to others.

Face masks are mandatory in some locations and indoor settings. Visit the NSW Government website for the latest advice.

Face masks are recommended in any space where physical distancing is hard.

WHAT TO DO IF YOU GET SICK

If you develop a fever, cough, sore throat, shortness of breath, loss of taste or smell, vomiting, nausea, diarrhoea, headache, or muscle pain, isolate yourself and get tested for COVID-19, even if your symptoms are mild.

MONITOR ADVICE ON CASE LOCATIONS

Check government advice on local, interstate, or overseas COVID-19 case locations. If you have visited an identified location, follow instructions on testing, self-isolating, or monitoring for symptoms.

IS IT SAFE TO TRAVEL OVERSEAS?

The Australian Government has advised against non-essential overseas travel. Visit the *Smartraveller* website for advice. People at increased risk of infection should also seek medical advice.

HELP STOP THE SPREAD OF INFECTION

1 WASH YOUR HANDS REGULARLY

Wash your hands regularly and thoroughly with soap and water or an alcohol-based hand rub.

2 COVER YOUR MOUTH AND NOSE WHEN COUGHING OR SNEEZING

Practice good hygiene by covering your coughs and sneezes with a tissue or your elbow.

3 STAY HOME IF UNWELL

Avoid close contact if you or others show symptoms such as coughing and sneezing.

4 GET TESTED IF SICK

If you develop symptoms, go to a COVID-19 clinic and get tested, and self-isolate at home while you wait for your results.