

## Where can I get condoms and FINCOL?

You can get condoms, dental dams and FINCOL in all prisons.

Speak with the nurse if you have a problem getting condoms, dental dams or FINCOL.

## How can I get tested for STIs and BBVs?

Ask to see a nurse at the health centre to get tested.

The nurse will ask you questions about sexual health and drug use to help decide the best tests to offer you. You may need a blood and or urine test.

If your results come back positive a specialist nurse will see you.

If your results are negative you will not be called back to the health centre.

Your information is confidential.

## What happens if I have an STIs or a BBVs?

All STIs and BBVs can be managed with medication. The specialist nurse will organise treatment if you need it.

## What if I come into contact with someone's blood or body fluids?

### Take action as soon as possible:

- Wash the site with water to remove blood or body fluids; and
- Go to the health centre as soon as possible for management.



## Sexual assault

### Everyone has the right to feel safe.

If you feel you are at risk or have been the victim of a sexual assault make sure you let Corrective Services NSW and a nurse know as soon as possible. Support services are available to you.

### More information

Speak with the nurse or call Prison Hepatitis InfoLine.

On the phone in your wing dial MIN+PIN, select option 2, then choose option 03

# Keeping Safe in Custody

## Sexually Transmissible Infections and Blood Borne Viruses



# What are Sexually Transmissible Infections and Blood Borne Viruses?

## Sexually Transmissible Infections (STIs)

STIs are infections that can be passed from one person to another during sex.

Anybody who is sexually active can be infected with an STI.

## Blood Borne Viruses (BBVs)

BBVs are viruses that some people carry in their blood.

These viruses are spread by blood to blood contact and in some cases sexual contact.

People with STI or BBV may have few or no symptoms.

## Who gets STIs or BBVs?

Anyone can get an STI or BBV and may not have symptoms. Testing is important for everyone.

Anything you do which allows another person's blood or body fluid (semen or vaginal fluid) to come into contact with your blood or body fluid can put you at risk.

The main way BBVs spread in prison is through the sharing of injecting equipment. You are at a high risk of getting hepatitis C and bacterial infections if you share injecting equipment in prison.

## Clean and disinfect fits/syringes in 3 steps with FINCOL

FINCOL is a disinfectant used to clean injecting equipment or anything that has contact with blood.

Following cleaning instructions correctly is important.



If you are short of time or cannot access FINCOL then clean with water instead.

## How can I avoid getting an STI or BBV?

### Ways to help keep safe:

- Check with the nurse that your vaccines are up-to-date
- Always use condoms or dental dams when having oral, anal or vaginal sex
- Avoid injecting drugs in prison, consider other ways to take a drug
- If you do share injecting equipment, clean and disinfect everything with FINCOL
- Make sure all tattooing equipment is cleaned and disinfected with FINCOL
- Wash your hands well with soap and water before preparing any injecting or tattooing equipment
- Do not share toothbrushes, razors or nail clippers
- Do not get a zero cut from the barber
- Use disposable gloves inside the boxing gloves
- Avoid getting into fights
- Avoid all direct contact with blood and bodily fluids spills.